

# AMERICA'S BEST HIGH SCHOOL CHEF AND PASTRY CHEF COMPETITIONS

On Saturday, March 4, 2023, the final competition will determine America's Best High School Chef (ABHSC) and Pastry Chef (ABHSPC) winners.



## AMERICA'S BEST HIGH SCHOOL CHEF CONTEST DETAILS:

The contest for culinary students will be comprised of 3 rounds; a quarterfinals **Basic Skills round**, a semi-final **Salad Basket round**; and a **Mystery Basket Final Round**.

All foods and basic equipment (minus knives) will be provided for the student competitors

## AMERICA'S BEST HIGH SCHOOL PASTRY CHEF CONTEST DETAILS:

Create a signature dessert that is of the style and level expected in an upscale restaurant.

### Basic Plated Dessert Elements\*

- ▶ Main item of choice
- ▶ Sauce of choice
- ▶ Cookie or crisp item of choice
- ▶ Chocolate
- ▶ Fruit

\* Items can be used more than once (i.e. chocolate cake = main item).

## RECIPE SUBMISSION GUIDELINES

Students are required to submit a color photo of the main or dessert course entry along with the recipes for every ingredient. Recipes should yield two portions and be written in a standard format:

Then list the procedure of the recipe with numbered steps.

Recipe submissions should be submitted directly via email to: [fcostantino@monroecollege.edu](mailto:fcostantino@monroecollege.edu).

– Dr. Frank C. Costantino CEC CCE CCA AAC,

Dean, School of Hospitality Management and the Culinary Institute of New York at Monroe College

The top 6 students will have the opportunity to compete at the culinary arts center at the Culinary Institute of New York, 380 Main Street, New Rochelle, NY in a 60-minute final round.

## AMERICA'S BEST HIGH SCHOOL CHEF PRIZES

Winners will receive a FULL TUITION scholarship! Significant partial scholarships will be awarded for second and third place and partial scholarships will be awarded for all qualified entries.

Quantity	Unit	Item	Prep
1	Each	Orange	Juiced and zested
1	Cup	Sugar	
1	Each	Vanilla Bean	Split and scraped

(sample format)

Enter today at: [bit.ly/Monroe2023ABHSC](https://bit.ly/Monroe2023ABHSC)

